

2018 Summer Class Schedule

Monday:

Tumble Level 4/5:

4:00-5:00pm

Flight School:

4:30-5:30pm

Little Explorers(Super Tots 3yrs)

5:00-5:45pm

Little Explorers(Mighty Tots 4yrs)

6:00-6:45pm

Tumble Level 3+:

5:30-6:30pm

Tumble Level 2 :

6:30-7:30pm

Tumble level 1 :

6:30-7:30pm

Tuesday:

Tumble Level 3+ Rec:

4:00-5:00pm

Tumble Level 1 Rec:

5:00-6:00pm

Tumble level 4/5:

6:00-7:00pm

Tumble Level 2 Rec:

7:00-8:00pm

Flight School:

7:00-8:00pm

Wednesday:

Tumble level 2:

4:30-5:30pm

Tumble Level 4/5:

4:00-5:00pm

Little Explorers(Super Tots 3yrs)

5:00-5:45pm

Tumble Level 3+:

5:30-6:30pm

Tumble level 1:

6:30-7:30pm

Little Explorers(Mighty Tots 4yrs)

6:00-6:45pm

Flight School:

7:30-8:30pm

Thursday:

Tumble Level 3+:

4:00-5:00pm

Flight School:

5:00-6:00pm

Tumble level 1:

6:00-7:00pm

Tumble level 2:

7:00-8:00pm

Tumble level 4/5:

7:00-8:00pm

Friday:

Flight School:

4:00-5:00pm

Tumble Level 2:

4:00-5:00pm

Tumble Level 3+:

5:00-6:00pm

Tumble Level 4/5:

5:00-6:00pm

Tumble level 1:

6:00-7:00pm

Open Gym:

7:00-9:00pm (not all Fridays)

Saturday:

Tumble Level 2:

10:00-11:00am

Little Explorers(Super Tots 3yrs)

10:00-10:45am

Tumble level 3+ :

10:00-11:00am

Flight School:

11:00am-12:00pm

Little Explorers(Mighty Tots 4yrs)

11:00am-11:45am

Tumble Level 1:

11:00am-12:00pm

Open Gym:

12:00-2:00pm (not all Saturdays)

Little Explorers (3-5yrs): This is a startup class with no experience necessary. Our primary goal is to teach your little one how to use their body in preparation for a future tumbling and cheer career.

Tumble Level 1 (5-18yrs): This is a startup class with no experience necessary. Our primary goal is to help your athlete learn body control with proper technique. Your athlete will master level one skills and combination passes.

Tumble Level 2 (5-18yrs): Coaches approval of Level 1 mastery required. The focus of this class is to work drills to build up the target muscle groups for the perfect back handspring and back handspring combination skills. Mastery of these skills will help the athlete's confidence when moving onto aerial skills.

Tumble Level 3+ (5-18yrs): This class requires coach approval of level 2 mastery. This class is for the level 3 athlete and above ready and able to do airborne skills (back tucks, punch front, combination passes)

Tumble level 4/5 (5-18yrs): This class requires coach approval of level 3 mastery. This class is for the athlete ready to progress to layouts, twisting skills, and beyond.

F/S (Flight School) (All Ages): This class is a must for all flyers. Your athlete will work to perfect a flyers body positions and strength to improve technique in the air.

All Star Teams: (Ages 5-18): Please contact our gym for more information on tryouts for our all-star teams.

Perfection Cheer and Dance Academy
7340 Smoke Ranch Rd. Suite E
702-942-7827

Make sure you follow our social media for constant updates and new things happening at our gym!!

